

Chess4Life now offering...

Karate

A CHARACTER-BUILDING PROGRAM FOR KIDS



EASTSIDE FAMILY KARATE

8-Week Fall Session (beginning September 2):
Wednesdays, 2:05–3:05pm and Fridays, 3:30–4:30pm

Your children will train in Shudokan-style Karate. Our program is a full Karate program with testing for new belts every 4 months.



Sign up for the 8-week fall session and receive a **free gi** (uniform) PLUS pay no registration fee!



SENSEI JIM

- ▶ Holds a Third Degree Black Belt in Shudokan Karate.
- ▶ Has been teaching Karate to kids for 10 years.
- ▶ Trained with numerous masters (read his complete bio on back).

EAST SIDE FAMILY KARATE | REGISTRATION FORM

Student's Name		Age	Grade	<input type="checkbox"/> Male <input type="checkbox"/> Female
Parent/Guardian Names		Email(s)		
Home Address				
Primary Phone		Secondary Phone		School Attends

I would like to register for:

- PROGRAM 1 — two days per week \$85/month*
- PROGRAM 2 — one day per week \$49/month*
- Registration fee..... \$20
- Gi (uniform)..... \$25
- PROMOTION PRICE! Receive a free Gi (uniform) and pay no registration fee by signing up for full 8-week fall session
- PROGRAM 1 above — \$170 total PROGRAM 2 above — \$98 (these prices first 2 months only)

Register online at: www.chess4life.com

Or, mail form and check to:

Chess4Life Center, 13555 Bel-Red Road,
Suite 200, Bellevue, WA 98005

Chess4Life

Teaching life skills through chess

www.chess4life.com

I have read and signed the waiver on the back of this flyer.

Total Enclosed \$

More Information and Release

ABOUT SENSEI JIM

Sensei Mercer holds a Third Degree Black Belt in Shudokan Karate. He has been teaching in the Northwest for many years and has trained with numerous masters, including Shihan Morris Mack, head of Shudokan Karate-do in the U.S. Jim is the owner of Eastside Family Karate. He is also a fully certified ski instructor and director of training and instruction at Mini Mountain in Bellevue. He loves to teach children of all ages. He has two sons with his wife, Susan, of 27 years. Sensei Mercer's wife, sons and daughter-in-law are all black belts in Shudokan Karate.

ADDITIONAL INFO

Program 1: Students will attend two classes per week and test every four months.

Program 2: Students will attend one class per week and test every eight months.

TESTS

The test is a celebration of what the student has learned. The charge for each test is \$40. After the test the student will receive a new belt and a report card that will help them on their journey. The belt levels for ages 13 and under will go in half belt increments.



RELEASE

I hereby consent to participation in activities offered by Eastside Family Karate. It is hereby agreed that I or my children waive and release all rights and claims for damages that I may have at any time against Eastside Family Karate, Chess4Life or their representatives whether paid or volunteer, for any injury or damages in connection with the karate program or other activities related to Eastside Family Karate or Chess4Life. The risks involved in respect to such a program are fully understood.

PERMISSION FOR MEDICAL TREATMENT

I confirm that the above named person is in good health. I hereby authorize simple first aid and consent to any x-ray exam and medical or surgical diagnosis which are deemed necessary.

Parent or Guardian Signature

X

Date